

# Spring 2019 ACT-i-Pass Schedule

Starts April 8th 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Spectrum</b> (programs start week of April 8th 2019)						
<p><b>Volleyball:</b> Lord Nelson PS Ages 10-12 7 - 8pm 314380</p> <p><b>Badminton:</b> Knollwood PS Ages 10-12 7 - 8 pm 314292</p> <p><b>Hip Hop:</b> Northridge PS Ages 10-12 7 - 8 pm 313834</p> <p><b>Cheerleading:</b> Masonville PS Ages 10 -12 7 - 8 pm 313734</p> <p><b>Squash Intro:</b> NLOCC Ages 8 - 12 5:30 - 6:30pm 311808</p> <p><b>Dance Mix:</b> Wilfrid Jury PS Ages 10 - 12 7:15 - 8:15 pm 313708</p> <p><b>Dance Mix:</b> W. Sherwood Fox PS Ages 10 -12 7:45 -8:45 pm 314146</p> <p><b>Basketball:</b> Byron Somerset PS Ages 10 -12 7:15-8:15 pm 313947</p> <p><b>Girls Basketball:</b> W. Sherwood Fox PS Ages 10 -12 6:45 - 7:45 pm 313953</p> <p><b>Soccer:</b> Wilfrid Jury PS Ages 10 -12 7 -8 pm 313975</p>	<p><b>Multi sport:</b> Stronach Recreation Centre Ages 10 -12 6:45 - 7:45 pm 314340</p> <p><b>Basketball:</b> Glen Cairn PS Ages 10 -12 7:15 - 8:15pm 314309</p> <p><b>Dance Mix:</b> Masonville PS Ages 10 -12 7:15 -8:15 pm 313829</p> <p><b>Soccer:</b> Masonville PS Ages 10 -12 7 -8 pm 314350</p> <p><b>Glee:</b> South London CC Age 10 - 12 7:15 - 8:15 pm 313725</p> <p><b>Volleyball:</b> Westmount PS Ages 10 -12 7:15 - 8:15 pm 313886</p> <p><b>Basketball:</b> Arthur Ford PS Ages 10 -12 7 - 8 pm 313948</p> <p><b>Aikido Kids:</b> Carling Heights Optimist CC Ages 10-12 6:15 -7:00 pm 314464 (Tues + Sat)</p> <p><b>Girls Basketball:</b> South London CC Ages 10 -12 6:30 - 7:30 pm 313954</p> <p><b>Basketball:</b> Wilfrid Jury PS Ages 10 -12 7 -8 pm 313949</p> <p><b>Soccer:</b> Byron CC Ages 10 -12 7:45 - 8:45 pm 314142</p>	<p><b>Basketball:</b> Lord Nelson PS Ages 10 -12 7:30 -8:30 pm 314310</p> <p><b>Drama:</b> Lord Nelson PS Ages 10 -12 7 - 8 pm 313808</p> <p><b>Floor Hockey:</b> Knollwood PS Ages 10-12 7 -8pm 314321</p> <p><b>Volleyball:</b> Northbrae PS Ages 10 -12 7 - 8pm 314381</p> <p><b>Dance Mix:</b> Clara Brenton PS Ages 10 -12 7:30 -8:30 pm 313712</p> <p><b>Yoga:</b> South London CC Ages 10 -12 7:15 - 8:15 pm 313783</p> <p><b>Boys Basketball:</b> W. Sherwood Fox PS Ages 10 -12 7 - 8 pm 313952</p> <p><b>Floor Hockey:</b> W. Sherwood Fox PS Ages 10 -12 7 - 8 pm 314125</p> <p><b>Volleyball:</b> White Oaks PS Ages 10 -12 7:15 - 8:15 pm 313887</p>	<p><b>Glee Club:</b> Hamilton Road CC Ages 10 -12 7 - 8 pm 313792</p> <p><b>Soccer:</b> Wilton Grove PS Ages 10 -12 7:30 - 8:30 pm 314370</p> <p><b>Badminton:</b> Westmount PS Ages 10 -12 7:15 - 8:15 pm 313883</p> <p><b>Cheerleading:</b> West Oaks French Immersion Ages 10 -12 7:15 - 8:15 pm 313850</p> <p><b>Soccer:</b> White Oaks PS Ages 10 -12 7 - 8 pm 313974</p> <p><b>Multi Sport:</b> Medway CC Ages 10 -12 8 - 9 pm 313864</p>		<p><b>Write It!:</b> Pond Mills Public Library Ages 10 -12 10:30 - 11:30 am 313707</p> <p><b>Tennis:</b> NLOCC Ages 8 -12 9:30 - 10:30 am 311802</p> <p><b>Aikido Kids:</b> Carling Heights Optimist CC Ages 10-12 9:15 -10 am 314464 (Tues + Sat)</p> <p><b>Badminton:</b> Byron CC Ages 10 -12 1:15 - 2:15 pm 313846</p> <p><b>Basketball:</b> South London CC Ages 10 -12 9 - 10 am 313946</p>	

Only these specific Spectrum programs are offered as part of the ACT-i-Pass program. Preregister by phone at 519-661-5575 or in-person before attending. Please note that all Grade 5's, regardless of their age, are eligible to register for any Spectrum programs offered through ACT-i-Pass.

# Spring 2019 ACT-i-Pass Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p><b>Swimming:</b> ACT-i-Pass users can use their passes for <b>ANY City of London Recreational Swims</b> (any City of London pool facility, any Recreational Swim time). City admission policy is in effect. Visit <a href="http://www.london.ca/aquatics">www.london.ca/aquatics</a> for more information.</p>						
<p><b>Hickory 9 Hole Golf:</b> Use the pass on one occasion and bring a friend/parent for free.</p>						
<p><b>Boys and Girls Club Drop-In Programs:</b> ACT-i-Pass users can join activities and programs that engage physical activity, education, nutrition and social recreation for free! Children are placed in groups, supervised by BGCL staff members. Together, the children rotate to a variety of fun and exciting activities of their choice.</p> <p>Located at 184 Horton Street. Visit <a href="http://www.bgclondon.ca">www.bgclondon.ca</a> for more information.</p> <p><b>Weekdays:</b> 4 -7 p.m.</p>						
<p><b>YMCA Drop-In Program:</b> ACT-i-Pass users are welcome to go to any of the four YMCA branches for any evening or weekend family swims offered! The YMCA also offers free drop-in dry land activities. Please refer to the individual facility schedules for family swim times throughout the week. (Centre Branch, Stoney Creek, The Bob Hayward YMCA, Bostwick)</p>						
<p><b>London Children's Museum:</b> All ACT-i-Pass users, and their families, can visit the London Children's Museum for free Thursday Family Fun Night! Come explore the London Children's Museum for extraordinary hands-on learning experiences in a distinctly child-centred environment. Free for the whole family!</p> <p>Located at 21 Wharnccliffe Road South. Visit <a href="http://www.londonchildrensmuseum.ca">www.londonchildrensmuseum.ca</a> for more information.</p> <p><b>Thursday:</b> 5-8 p.m.</p>						
<p><b>Palasud South:</b> ACT-i-Pass users are welcome to go to Palasud South and enjoy free bowling from September to June.</p> <p>Located at 141 Pine Valley Boulevard. Visit <a href="http://www.Palasud.com">www.Palasud.com</a> for more information.</p> <p><b>Monday - Thursday:</b> 4:30 p.m. - 7:00 p.m.</p>						
<p><b>SARI Therapeutic Riding:</b> Little Britches Farm Discovery is a fun-filled inclusive program open to children with and without special needs, aged 4 - 12 years. Participants enjoy crafts, games, songs and a pony ride. SARI reserves 2 of 9 spots in its Little Britches Program for grade 5 students with a disability. Guardians must commit to all 4 Sundays and SARI requires registration at least 2 weeks in advance. Priority will be given to ACT-i-Pass users with diagnosed disabilities. If spots are still open, students without a disability will be considered. Assessment required for children with a disability. Supervision and support provided by SARI. Caregiver welcome to stay on-site during half-day program.</p> <p>For more information, contact SARI Therapeutic Riding at 519-666-1123.</p>						
						<p>March 3<sup>rd</sup>                      April 7<sup>th</sup>                      May 12<sup>th</sup>                      June 16<sup>th</sup></p>

Please contact Service Providers for more information about programs offered, including start/end dates, program details, and cancelations.

